

## DIRECTIONS TO TOLLGATE CLINIC

### By Road

Leave A12 at junction 26 and take the A1124 (Essex Yeomanry Way) towards Stanway keeping to the right hand lane. Continue over the next island and follow on with Sainsbury's store on your left as you approach the second island. Turn left at this roundabout onto the B1408, (London Road, Stanway). The entrance to The Tollgate Clinic is approximately 50m along on your right. There are plenty of free parking spaces.

### By Bus.

Bus number 65 runs from Colchester Town Centre to Tollgate & there is a bus stop outside the clinic.

### By Train

Nearest station is Marks Tey, a little place so trains are not so frequent but no traffic jams-and usually no taxis either. Colchester Main North Station has frequent trains, traffic jams & plentiful taxis. The Taxi cost is about £10 from station to clinic.

### By Foot or Bike

As an environmentally friendly organisation, we actively encourage our visitors to travel by bike or by foot where possible. Please contact us for more information on cycle routes.

### By air

Stansted airport is 50 minutes away by shuttle coach <sup>se</sup>Car Park which takes you to and from Marks Tey or Colchester rail stations. It is £15 return. Tel 01279680854. By taxi it costs about £30 each way.

### On arrival

Enter through the main entrance of the building, turn left into the Tollgate GP Surgery. Continue through the waiting area to the double doors at the rear, turn right and take the corridor along to Room 8 (Tollgate Clinic Reception & Office).



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